



## Instructions

1. Wrap the Joeyband snugly around your waist, securing the Velcro panels on your back or side
2. With baby resting on your chest (ear over your heart), slide the Joeyband up your torso, stretching it gently over baby; the joeyband should hug the baby's bottom and torso so that the baby cannot slip through the Joeyband; ensure that the baby's head remains uncovered
3. To remove baby for transfer to crib, simply stretch and slide the Joeyband down your waist and off of the baby entirely, supporting the baby at all time to prevent falling

## Proper Use and Safety

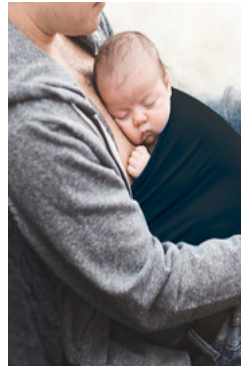
- **For use when seated or reclined only**
- Check on the baby often; ensure that you can always see the baby's face and that the baby is getting a good supply of air, by making particularly sure that the baby's face is not pressed against the Joeyband, your body or clothing
- Ensure your baby can breathe correctly by checking that the chin is not resting on the chest
- Be alert and aware when wearing your baby; falling asleep while wearing your baby increases risk of smothering, suffocation and injury
- if you feel sleepy while holding or feeding your baby. Place your baby safely on their back in their crib
- Call for hospital staff to assist you if you are unable or too tired to get up safely and put your baby in the crib.
- Do not enclose the baby while in the Joeyband within your zipped---up coat as this could lead to suffocation
- If using the Joeyband while breastfeeding, ensure that baby's nose is not blocked
- Use caution, care and common sense when your baby is in the Joeyband – do not drink hot liquids over baby's head, or drop heavy objects on them
- Always check your Joeyband before using it; check the seams and Velcro closure any holes in fabric. Discontinue use if anything has the potential to harm your baby
- Ensure Velcro does not rub up against the baby; this may cause irritation
- Demonstrate care when wearing delicate or knit clothing
- Laundering Instructions: machine wash, lay flat to dry OR tumble dry low (bind Velcro to prevent snagging. Can be used up to 10 times in the hospital setting.



### Checklist:

- Face can be seen
- Head is in the sniffing position
- Nose and mouth are not covered
- Head is turned to one side
- Neck is straight, not bent
- Shoulders are flat against person
- Chest-to-chest with mom or dad
- Legs are flexed (see below)
- Person is a little upright, not flat in bed or chair
- Cover back with blankets for extra warmth

If no one can watch you and your baby after feedings and when sleep is likely, put baby on his or her back in baby's own firm bed.



Legs Flexed